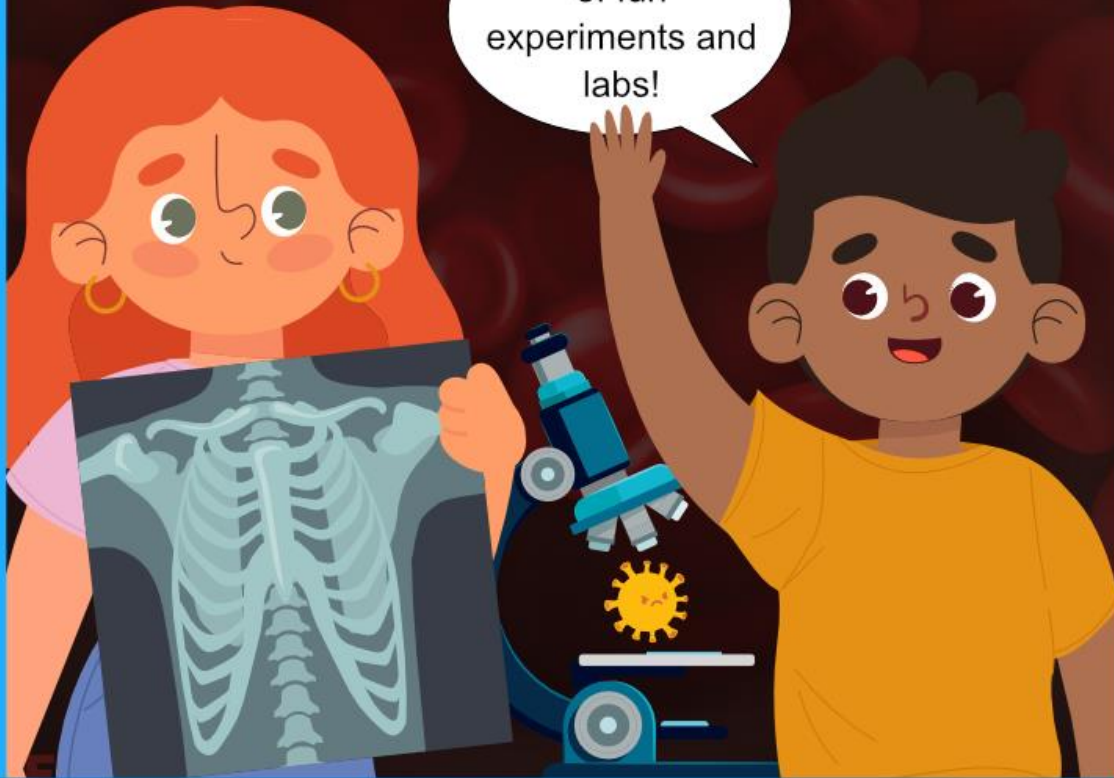


Quest Hollow's

High School Human Anatomy and Health Curriculum

...with lots
of fun
experiments and
labs!



Literature-based, free videos, fun labs, and additional levels available for multi-grade teaching!

Week 1					
Cells, Human Tissue					
	Monday	Tuesday	Wednesday	Thursday	Friday
*Spine Book(s)					
*A spine book is the backbone of a study.					
<u>Anatomy and Physiology Made Incredibly Easy</u>	p. 1-5 Anatomic terms	p. 6-10 A look at the cell	p. 11-14 Cell reproduction	p. 15-19 Cellular energy generation	p. 19-23 A look at human tissue p. 23-24 Quick quiz
<u>Anatomy and Physiology Made Incredibly Visual!</u>	p. 1-5	p. 6-9	p. 10-13	p. 14-17	p. 18 Vision Quest
Additional Reading					
<u>Blood and Guts</u>	p.71-72 Cells, basic body bits	p.72-73 You always have a temperature, cell fires, climate control chart Activity: Taking a temperature Supplies: Thermometer	p.74 Hot blood, special events, burn a burger		
Videos					
Videos	<u>Crash Course A&P: Introduction to Anatomy</u> <u>Do You Really Have a New Body Every 7 Years?</u>	<u>Introduction to Cells: The Grand Cell Tour</u> <u>Why Is My Body Temperature 37 Degrees?</u>	<u>Mitosis: The Amazing Cell Process that Uses Division to Multiply! (Updated)</u> <u>What Are The LIMITS of HUMAN SURVIVAL? Myths Debunked</u>	<u>Tissues, Part 1: Crash Course A&P #2</u> <u>Tissues, Part 2 - Epithelial Tissue: Crash Course A&P #3</u>	<u>Tissues, Part 3 - Connective Tissues: Crash Course A&P #4</u> <u>Tissues, Part 4 - Types of Connective Tissues: Crash Course A&P #5</u>

Labs and Activities					
					<u>Anatomy Microscope Slide Set</u> : Human squamous epithelium, smear
<u>Human Anatomy Coloring Book</u>	Note: This book can be used to learn and memorize various internal body parts and systems. Students who don't enjoy coloring may want to focus on memorization but consider either optional based on your student's interest and ability.			p. 1 Systems of the Human Body	
<u>Netter's Anatomy Coloring Book</u>	1-1	1-4	1-3	1-7	1-8
Printables					
	<u>Color and label an animal cell</u>				
Websites					
	<u>Interactive cell</u>				