

Quest Hollow's

Jr. Human Anatomy and Health Curriculum

A literature-based human body and health curriculum for kids!

Grades 3-8

...with lots
of fun
experiments!



Free videos, engaging activities, great books, and additional levels for multi-grade teaching!

This sample is not kept updated. It is for preview purposes only and may not reflect the most recent version of the schedule.

Week 1	Cells				
	Monday	Tuesday	Wednesday	Thursday	Friday
Books					
Enjoy Your Cells (Enjoy Your Cells, 1)	Read this week.				
Kid's Discover Magazine: Cells	p.2-5	p.6-11	p.12-15	p.16-19	
Horrible Science: Blood, Bones and Body Bits	Read pages 1-22: Introduction, Bits of Body				
My First Human Body Book					Color p. 1 Look What's Inside (cells)
Blood and Guts	p.71-72 Cells, basic body bits	p.72-73 You always have a temperature, cell fires, climate control chart Activity: Taking a temperature Supplies: Thermometer	p.74 Hot blood, special events, burn a burger		
Videos					
	The Magic School bus Goes Cellular Note: This video must be purchased to view. The Cell - an intro for kids - Sanger Academy BrainPop: Cells Cell Structure - Brain Pop	Cell Specialization - BrainPOP Cellular Respiration	What are stem cells? - Craig A. Kohn	Imaginary Friend Society – What is Cancer? Cancer	
BrainPOP.com	Cells Cell Structures	Cell specialization Cellular Respiration	Stem Cells	Cancer	

Projects and Activities					
<u>Easy Make & Learn Projects: Human Body</u>					p. 11-13 Cell mobile
<u>Human Anatomy Coloring Book</u>	Note: This book can be used to learn and memorize various internal body parts and systems. Students who don't enjoy coloring may want to focus on memorization, but consider either optional based on your student's interest and ability.			p. 1 Systems of the Human Body	
Printables					
	<p><u>Color and label an animal cell</u></p> <p>Crayola <u>cell coloring page</u></p> <p><u>Main body organs</u> - Usborne image (clip art) - This would be a good image to put at the beginning of a human body notebook or on a lapbook cover.</p>				
Websites					
Websites	<p><u>Interactive cell</u></p> <p>Free animated online book: <u>Cells Are Us</u> - This is a great book you can use in place of Enjoy Your Cells. It was written by the same author, Frank Balkwill.</p> <p><u>Construction</u> of the cell membrane activity (motivated, older students)</p>				