

Quest Hollow's

Little Kids' Human Anatomy and Health Curriculum

A gentle, literature-based human body and health curriculum for little ones!

Preschool - 2nd grade

...with lots
of fun
activities!



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Books					
<u>First Human Body Encyclopedia</u>	p. 4-5 Your amazing body		p. 6-7 What makes you you?		p. 8-9 Building blocks
<u>My First Human Body Book</u>				Color p. 1 Look What's Inside (cells)	
<u>Easy Make & Learn Projects: Human Body</u>					p. 11-13 Cell mobile
<u>Why I Sneeze, Shiver, Hiccup, & Yawn</u>	Read this week.				
Videos					
	<u>Cells for Kids</u>		<u>The Magic School bus Goes Cellular</u> Note: This video must be purchased to view.		
Printables and Activities					
<u>My Body Lapbook</u>	p. 18-21 My Body Systems				
Choose from the buffet:	<p>Crayola cell coloring page</p> <p>Activity: Make a Jell-O cell You'll need to explain the different cell parts and your child can help you choose from an assortment of ingredients to represent those parts. Don't expect your child to remember everything. This is just an introduction to cells and a fun activity to make them more memorable.</p> <p>LeapFrog Magic Adventures Microscope This is optional! The point of the microscope is to teach kids that things are made up of smaller parts (cells, etc.). The microscope has a variety of "smart slides" to explore. You can also look at samples of things from around the house using the reusable slides or the tray for bigger items. This toy will give younger kids a microscope experience and help them understand the concept of bigger things being made of smaller components. You should introduce it now while studying cells but can encourage its use throughout the year to explore lots of other items just for fun.</p>				
Websites					